



To	All Clubs
Subject	Mini League Football Rules

# Football U10 & U11

## Kick-Off Times | to be agreed between match coordinators

### Rules for 2023 Season:

**Each team to have a MAXIMUM of Twelve (12) players. (9v9+3)**

1. Every player must be registered for the current season (NO CARD NO PLAY), reason being for Insurance purposes and age cheating.
2. All coaches, managers, and referee's to be SAFA (CT) card carrying members.
3. Both teams to line-up 2 minutes before kick-off to present player card to coaches and to shake opposition's hand.
4. Team should consist of one (1) goalkeeper and eight (8) outfield players.
5. Unlimited rolling substitutions may be made at any stage during play. Players may be brought on and off the field multiple times throughout a game.
6. The match will consist of TWO (2) halves of TWENTY (20) minutes each. With a FIVE (5) minute interval.
7. Start and restart of play – normal rules, but with opponents at least TEN (10) yards away from the ball.
8. Where the ball goes out, throw-ins will take place. The referee should be lenient, give the kids an opportunity to retake the throw. Normal Rules apply.
9. Full corners – opponents to be TEN (10) yards away. Normal Rules apply.
10. Free-kicks – opponents to be TEN (10) yards away. Normal Rules apply. Match Official to instruct kicker / team if direct or Indirect.
11. A penalty awarded within the goal area shall be taken from EIGHT (8) meters from the goal line.



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### 12. Goalkeeper:

- Goal kicks are permitted. If the opposition shoot at goal and miss, a goal kick will be awarded to the defending team. The ball is only live once the defending team has kicked the ball.
- The goalkeeper **cannot** kick out of hand during open play (to prevent long kicks on a shortened field).
- The goalkeeper can drop the ball and pass the ball, play is active once the ball is on the ground.
- The goalkeeper can play as a sweeper. He / She is allowed outside the goal box area.
- The goalkeeper **cannot** pick up a back pass, if the goalkeeper picks up a back pass, an indirect free kick is awarded to the non-offending team from the place of the last pass.

13. No off-side rule in the game, but players must be made aware of the off-side rule to avoid “camping” in opponent's half. Match officials to always apply and speak to both players and coaches.

14. Coaches and managers are NOT ALLOWED on the field during play.

15. Dependant on space, coaches and substitutes may be permitted behind the goal line during play closest to corner flag but **NOT** directly behind or next to the goal posts.

### Regulations:

1. Recommended size is 73m x 50m (Half size of normal football field)
2. Junior goals or similar goals to be used Length 4,876m – Height 2.13m
3. A Halfway line, small box, and penalty spot to be lined or marked with cones. A small box marked with four (4) cones will be suffice. Dimension of the small box should be 6 meters x 6 meter and the penalty spot should be eight (8) meters from goal.
4. No spectators are permitted behind the goal line.
5. Spectators should be TWO (2) meters away from the touch line at all times. To allow the children to throw-in freely. The space also allows for the coach to move up and down the touchline freely to assist his/her players. This space may vary from club to club due to space allocation & layout. But no less than ONE (1) meter at all times. Please adhere to the HOME coach and referee's request regarding space to the above.
6. Only **SIZE 4** ball to be used
7. Each club must have a trained First Aider on Match Day.

### CTTFA Junior Affairs

D Neilson (President), G Scholtz (Vice President), D da Silva (Vice Chairman), R Anthony (Vice President),  
C Jansen (Treasurer), J Asher (General Secretary), Vacant (Head of Competitions),  
A Roman (DC Convenor), G Nicholls (Head of Referees)

**Kindly address all correspondence to the Secretary of the Association**